



# Week 1

WEEK COMMENCING: 22ND APR, 13TH MAY, 3RD JUNE, 24TH JUNE, 15TH JULY, 2ND SEPT, 23RD SEPT, 14TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Pork Sausage & Gravy with Mash Potato	● Beef Bolognese with Penne Pasta	● Roast Gammon with Gravy and Roast Potatoes	● Meat Feast Pizza	● Fish Fingers and Chips 
● Vegetable Chow Mein with Egg Noodles V	● Falafel Pitta with Salad V	● Quorn Toad in the Hole Roast Potatoes V	● Margherita Pizza V	● Cheese, Potato & Red Onion Frittata with Chips V
● Jacket Potato with Baked Beans V	● Jacket Potato with Coleslaw V	● Jacket Potato with Baked Beans V	● Jacket Potato with Tuna Mayo V	● Jacket Potato with Cheese V
● Cheese Sandwich V	● Ham Sandwich	● Tuna Mayo Sandwich	● Cheese Sandwich V	● Tuna Mayo Sandwich
● Spicy Chickpea & Mixed Vegetable Rice V	● Beef Burrito	● Roast Gammon Baguette with Caramelised Onions	● Spicy Beef and Pepper Calzone	● BBQ Chicken in a Bun with Salad
Peas Carrots	Broccoli Cauliflower	Green Beans Carrots	Sweetcorn Red Cabbage	Peas Baked Beans
Apple Crumble with Custard	Carrot Cake	Chocolate & Vanilla Mousse Tubs	Fruit Berry Compote	Chocolate Cracknell


# Week 2

WEEK COMMENCING: 29TH APR, 20TH MAY, 10TH JUNE, 1ST JULY, 9TH SEPT, 30TH SEPT, 21ST OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Beef Burger in a Bun	● Garlic & Lemon Chicken with Rice	● Roast Pork Loin with Gravy and Roast Potatoes	● Spicy Beef Pizza	● Fish Fingers with Chips 
● Lentil and Sweet Potato Curry Rice V	● Macaroni Cheese V	● Cheese & Tomato Pinwheel with Salad V	● Margherita Pizza V	● Quorn Hot Dog in a Roll with Chips V
● Jacket Potato with Tuna Mayo	● Jacket Potato with Baked Beans V	● Jacket Potato with Coleslaw V	● Jacket Potato with Baked Beans V	● Jacket Potato with Cheese V
● Ham Sandwich	● Tuna Mayo Sandwich	● Ham Sandwich	● Cheese Sandwich V	● Tuna Mayo Sandwich
● Singapore Chicken Noodles	● Chicken Quesadilla	● Roast Pork Baguette with Caramelised Onions	● Roasted Vegetable & Basil Calzone V	● BBQ Pulled Pork Baguette with Caramelised Onions
Carrots Veg Medley	Mixed Peas, Sweetcorn & Carrots Green Beans	Carrots Cabbage	Sweetcorn Green Beans	Peas Baked Beans
Pineapple Upside Down Sponge	Orange Jelly with mandarins	Vanilla Cheesecake	Apple & Banana Cake	Fruity Flapjack

# Week 3

WEEK COMMENCING: 6TH MAY, 17TH JUNE, 8TH JULY, 16TH SEPT, 7TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● BBQ Pork and Rice	● Pork Sausage, Mash and Gravy	● Roast Turkey with Gravy and Roast Potatoes	● Chicken & Sweetcorn Pizza	● Fish Fingers with Chips 
● Vegetable and Lentil Bolognese with Rice V	● Roasted Vegetable Lasagne V	● Chickpea Vegetable Balti and Rice V	● Margherita pizza V	● Tomato and Herb Puff with Chips V
● Jacket Potato with Baked Beans V	● Jacket Potato with Coleslaw V	● Jacket Potato with Tuna Mayo	● Jacket Potato with Salmon Mayo	● Jacket Potato with Cheese V
● Cheese Sandwich V	● Ham Sandwich	● Cheese Sandwich V	● Ham Mayo Sandwich	● Tuna Mayo Sandwich
● Cheese, Potato & Red Onion Frittata with Salad V	● Chicken Fajita	● Roast Turkey, Stuffing and Cranberry Sauce Baguette	● Cheese, Tomato and Basil Pasty with Pasta V	● Fish Finger Bap with Salad
Peas Sweetcorn	Cauliflower Green Beans	Carrots Red Cabbage & Sultanas	Sweetcorn Fruity Coleslaw	Baked Beans Peas
Chocolate Muffin	Eve's Pudding	Lemon Shortbread	Apple and Berry Crumble with Custard	Oat and Sultana Biscuit

● Option 5 is for Years 3, 4, 5 & 6

## The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

