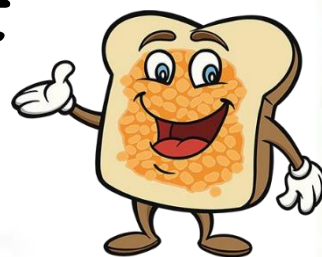


SAMPLE Menu



MONDAY	Snack:	Carrots and Pears
	Tea :	Sandwiches, Salad and Donuts
TUESDAY	Snack:	Melon and Apple
	Tea:	Wraps and Yoghurt
WEDNESDAY	Snack:	Bananas and Plums
	Tea:	Toasties, Salad and Mousse
THURSDAY	Snack:	Pears and Apples
	Tea:	Hotdogs, carrot and pepper sticks and Ice Cream
FRIDAY	Snack:	Sultanas and Bananas
	Tea:	Beans on Toast and Cake

Choice of sandwich / wrap / toastie fillings:

* Tuna and Mayo * Cheese * Ham * Chicken *